

LESSON 2

WORK VALUES

This lesson plan is designed to instruct teachers on the importance of students exploring their work values. Work values help students identify the different types of environments and things that are important to them. Students who find work that resonates with their values will experience greater workplace satisfaction.

LESSON PLAN DETAILS:

Length: 35 minutes

INCLUDED MATERIALS

- Teacher's presentation PowerPoint slides
- Teacher's lesson notes
- Student worksheet

TEACHER'S LESSON NOTES

PART ONE:

WORK VALUES

MATERIALS

Teacher presentation slide one:

What are values?

Students' worksheet question one:

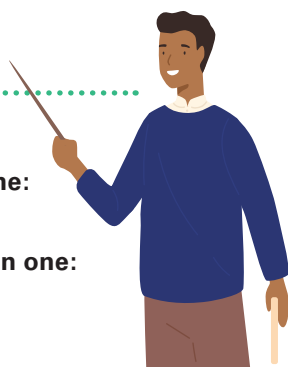
What are values?

Minutes: 0 - 5

■ Explain that this lesson focuses on getting students to think about their work values.

Ask the class what they think values are. Get them to write down their own definition of values on their worksheets.

Explain to the class that values are drivers of behaviours, or things that we believe are important to us. The more a job reflects our values, the more likely we are to enjoy that role. We all have different values, but getting to know our work values will help us make the right decision when it comes to choosing our career pathway.



PART TWO:

VALUES DISCOVERY

MATERIALS

Teacher presentation slide two:

Discovering values

Students' worksheet question two:

Discovering values

Minutes: 5 - 22

■ Scenarios and questions

Explain that the class will now work through some scenarios to try and determine what their workplace values might be. Ask the students to read through the three workplace scenarios below and then answer the related questions. Encourage students to work in pairs or small groups to really get the conversation flowing and explore different perspectives.

Scenario one:

At work, I am part of a busy team. I am constantly challenged and feel exhausted from using my brain all day – which I love. I get opportunities to speak in front of a group and work on shared projects and the whole environment is high energy. I get lots of coaching and mentoring so I know what I need to do to improve.

Scenario two:

At work I use my hands all day. I love being outdoors. Most of my job happens outdoors and I often work alone. I check in with my boss in the morning and then I'm left to complete some tasks independently before we regroup at lunch. Usually I work with my boss or supervisor on a shared task in the afternoon. I love this type of

manual work, I couldn't live without it.

Scenario three:

At work, I spend most of the time working alone. I know what is expected of me and I complete my work with little contact from anyone else. Once a week I meet with my manager who gives me my tasks and then I complete it. I can take breaks whenever I want to, as long as I get my work done. How I spend my time is up to me.

Reflection questions for students:

1. Which workplace scenario is most attractive to you and why?
2. Name one thing you like and one you don't like about each scenario?

After 10 minutes, ask the group to share their responses and explore the different values, as students will have different perspectives. Ask them whether there were any differing values within groups.

Explain that this exercise is to encourage students to think differently about careers. How we work is as important as where we work. Some people will need independence while others prefer constant coaching. Some may thrive in an office environment whilst others may prefer physical work in the sunshine.

PART THREE:

MY OWN VALUES

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MATERIALS

Teacher presentation slide three:

My Own Values

Students' worksheet question three:

My Own Values

Minutes: 25 - 35

■ Show slide 3: 'My own values'.

Ask the students to reflect on the discussion they just had with you and their peers. Encourage them to think what their top three work values might be.

Ask this question: what are the three things that are most important to me when it comes to work?

HOMEWORK FOR NEXT LESSON

Teacher presentation slide four:

Link to the Career Quiz registration page.

Students should now have a basic understanding of the seven skill sets, and the work values that are most important to them. Encourage them to think how the combination of their skills and values might impact their choice of career: which jobs would suit their skills and their values? To get them thinking, they can explore different careers at www.skillsroad.com.au/career-advice/explore-careers/browse